

Drum It Out! Using Rhythm for Body Awareness, Calmness & Confidence

Jalynn Simmons	
Program Type	Workshop
Art Form	Music
Primary Curricular Connection	SEL
Grades	Pre-K K 1 2 3 4 5 6 7 8 9 10 11 12
Delivery Method	In-Person Livestream
Audience Size	30
Program Length	45



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Teaching Artist Review

Program Description

Students will discover their own rhythm through evidence based active engagement in hand-drumming and recreational music making (RMM) activities. Self-esteem, teamwork, active engagement, self-motivation, social skills, life skills, reading skills, self-respect, math skills, self-control, focus in a learning environment, respect for peers, and creative self-expression are all addressed.

Video

Pricing

Single: \$142

Multiples: \$106 each